

FYR & SALT

DATE: 1/22-1/25

THE MARKET

at 8 Hands Farm

REFRIGERATOR

BEEF & PORK BOLOGNESE
THAI CARROT SOUP
CHICKEN & RICE SOUP W/ TOMATO
BEEF BOURGUIGNON MEAL
CURRY CHICKEN OVER TURMERIC RICE
WHITE BEAN SALAD
APPLE CHUTNEY
HUMMUS
PEPPER JAM
PORK LIVER MOUSSE
PORK RILLETTE
SAMBAL
ZHOUGH
FARM HOT SAUCE
-SMOKED, GREEN, PERSIMMON
PICKLED JALAPENOS
KIMCHI
SAUERKRAUT
BEET SAUERKRAUT
PICKLED VEGGIES
CHICKEN SCHMALTZ
PORK LARD
BEEF TALLOW
LAMB TALLOW
NYS GRASS-FED & ORGANIC BUTTER

FREEZER

FARM TOMATO PUREE
BEEF & PORK BOLOGNESE
LUMACHE PASTA
BEEF CHILI
VEGAN BROCCOLI "CHEDDAR" SOUP
PORK & VEGGIE SOUP
TOMATO SOUP
ITALIAN WEDDING SOUP
LAMB TAGINE W/ RICE
MEATBALL PARM
BEEF RISOTTO BAKE
BBQ PULLED PORK
SOURDOUGH STUFFING
BREAD PUDDING W/ BUTTERNUT
PORK CASSOULET
SHEPHERD'S PIE
BREAKFAST HASH
PORK TONKATSU RAMEN BROTH
TURKEY GRAVY
CHICKEN STOCK
BEEF STOCK
TURKEY STOCK
BEEF BASE (BEEF GLACE)
CHICKEN BASE (CHICKEN GLACE)
GINGER & LEMONGRASS BONE BROTH
POULTRY BONE BROTH
ASSORTED PASTRIES
NYS GRASS-FED & ORGANIC BUTTER
GLUTEN FREE SOURDOUGH
READY TO BAKE COOKIES
VANILLA CUSTARD
PERSIMMON SORBET
CATALOUPE SORBET

ASSORTED CHEESES



ALL MEAT IS RAISED ON THE FARM.
INGREDIENTS ARE SOURCED FROM THE FARM,
LOCALLY AND ORGANICALLY.

