

FYR & SALT

DATE: 8/13-8/16

THE MARKET

at 8 Hands Farm

REFRIGERATOR

BEEF BURRITO
CORN CHOWDER
GAZPACHO
ROASTED CHICKEN WINGS
BABAGANOUSH
HORSERADISH & DILL POTATO SALAD
RATATOUILLE
SOUTHWEST GUINEA HEN SALAD
ZUCCHINI RELISH
PICKLED EGGS
CHICKEN LIVER MOUSSE
HUMMUS
PICKLED RED ONION
DILL PICKLES
KIMCHI
SAUERKRAUT
BEET SAUERKRAUT
CHICKEN SCHMALTZ
PORK LARD
LAMB TALLOW
BEEF TALLOW
NYS GRASS-FED & ORGANIC BUTTER
ASSORTED CHEESES

FREEZER

WHITE BEAN, ESCAROLE & BACON SOUP
TURKEY ITALIAN WEDDING SOUP
VEGGIE CURRY
LAMB RAGU
PORK BOLOGNESE
SUMMER VEGGIE RISOTTO
EGGPLANT PARM
RATATOUILLE MAC & CHEESE
SHEPHERD'S PIE
PORK ENCHILADAS
BREAD PUDDING W/ BUTTERNUT
BEEF PHO BROTH
CHICKEN STOCK
BEEF STOCK
TURKEY STOCK
BEEF BASE (BEEF GLACE)
CHICKEN BASE (CHICKEN GLACE)
GINGER & LEMONGRASS BONE BROTH
POULTRY BONE BROTH
READY TO BAKE COOKIES
VANILLA CUSTARD
MIXED BERRY SORBET



ALL MEAT IS RAISED ON THE FARM.
INGREDIENTS ARE SOURCED FROM THE FARM,
LOCALLY AND ORGANICALLY.

