

FYR & SALT

THE CAFE & MARKET

at 8 Hands Farm

PREPARED FOOD	EGG SANDWICH sausage, pepper jack, roasted mushrooms, garden greens, roasted garlic aioli	16	SOURDOUGH BREAD	WHITE	7.75	
	HAM & CHEESE smoked pork, cheddar, dill pickles, mustard	19		WHOLE WHEAT	7.75	
	EGGPLANT CAPONATA TOAST buffalo mozzarella, balsamic, sourdough	15		SEMOLINA	7.75	
	MEATBALL HERO beef & pork meatballs, wood-fired tomato sauce, mozzarella	20		MULTIGRAIN	7.75	
	CHICKEN SALAD SANDWICH waldorf chicken salad, walnuts, currants, arugula	21		PULLMAN - EINKORN	16	
DRINK SPECIALS	COLD BREW	6	SPELT W/ ROSEMARY & OLIVE OIL	16		
	ESPRESSO TONIC	6.5			PUMPKI CHOCOLATE CHIP MUFFIN	7
	GOLDEN MILK & HONEY LATTE	7			CHOCOLATE COCONUT ALMOND SCONE	6.5
					MAPLE PECAN TURNOVERS	10
					BANANA BREAD (SM/LG)	6.5/28
					CHOCOLATE CHIP COOKIES (3) browned butter, sea salt	12.5
					AMARETTI COOKIES (6)	10.5
				SESAME TAHINI COOKIES (3)	12.5	
				CANDIED GINGER COOKIES (3)	12.5	
				VANILLA CUSTARD/MULLED WINE SORBET	7.5	

UNTIL SOLD OUT!



ALL MEAT IS RAISED ON THE FARM.
INGREDIENTS ARE SOURCED FROM THE FARM,
LOCALLY AND ORGANICALLY.

