

THE MARKET

at 8 Hands Farm

REFRIGERATOR

CURRY CHICKEN W/ TURMERIC RICE
 THAI COCONUT CARROT SOUP
 PORK FRIED RICE
 EGG SALAD
 PASTA SALAD W/ ASPARAGUS & FETA
 CHICKEN SALAD W/ FENNEL & CURRANTS
 POTATO SALAD W/ HORSERADISH & DILL
 COLESLAW
 PICKLED EGGS
 CHICKEN LIVER MOUSSE
 HUMMUS
 PEPPER JAM
 SAMBAL
 ZHOUGH
 FARM HOT SAUCE
 KIMCHI
 SAUERKRAUT
 PICKLED PEPPERS
 CHICKEN SCHMALTZ
 PORK LARD
 LAMB TALLOW
 BEEF TALLOW
 NYS GRASS-FED & ORGANIC BUTTER
 ASSORTED CHEESES

FREEZER

VEGAN BROCCOLI "CHEDDAR" SOUP
 ASPARAGUS SOUP
 AVGOLEMONO
 BEEF CHILI
 BEEF & PORK BOLOGNESE
 LAMB RAGU
 SHEPHERD'S PIE
 PORK BURRITOS (2)
 PULLED PORK
 PORK ENCHILADAS
 BRAISED PORK W/FENNEL, KALE & POLENTA
 PASTRAMI HASH
 BREAD PUDDING W/ BUTTERNUT
 BEEF PHO BROTH
 CHICKEN STOCK
 BEEF STOCK
 TURKEY STOCK
 BEEF BASE (BEEF GLACE)
 CHICKEN BASE (CHICKEN GLACE)
 GINGER & LEMONGRASS BONE BROTH
 POULTRY BONE BROTH
 READY TO BAKE COOKIES
 RHUBARB SORBET
 CHOCOLATE CUSTARD
 VANILLA CUSTARD
 COFFEE CUSTARD
 MOCHA CUSTARD



ALL MEAT IS RAISED ON THE FARM.
 INGREDIENTS ARE SOURCED FROM THE FARM,
 LOCALLY AND ORGANICALLY.

