FYR & SALT

DATE: 11/5-11/8

THE MARKET

at 8 Hands Farm

REFRIGERATOR

- SHEPHERD'S PIE
- PORK FRIED RICE
- CAULIFLOWER SOUP
- BROCCOLI "CHEDDAR" SOUP (VEGAN)
- POULTRY ENCHILADAS
- CHICKEN SOUP W/ TOMATO, RICE, DILL
- CHICKEN LIVER MOUSSE
- HUMMUS
- ASSORTED HOT SAUCES
- ZHOUGH
- PICKLED RED ONION
- DILL PICKLES
- PICKLED BEETS
- KIMCHI
- SAUERKRAUT
- CHICKEN SCHMALTZ
- PORK LARD
- BEEF TALLOW
- NYS GRASS-FED & ORGANIC BUTTER
- NYS GRASS-FED & ORGANIC BUTTERMILK
- ASSORTED CHEESES

FREEZER

- ROASTED TOMATO SAUCE
- BEEF & PORK BOLOGNESE
- LAMB RAGU
- SPANISH CHICKEN SOUP
- SPLIT PEA SOUP W/ PORK
- TURKEY SOUP W/ PASTA & VEGGIES
- CURRY CHICKEN OVER RICE
- SQUASH SOUP
- ROASTED FALL VEGETABLES
- CORN & MUSHROOM RISOTTO
- CURRY LAMB RICE
- BAKED BEANS W/ PORK
- PECONIC ESCARGOT W/ HERBED BUTTER
- SPANISH CHICKEN BROTH
- CHICKEN STOCK
- BEEF STOCK
- BEEF BASE (BEEF GLACE)
- GINGER & LEMONGRASS BONE BROTH
- POULTRY BONE BROTH
- READY TO BAKE COOKIES
- GRASS-FED ORGANIC UNSALTED BUTTER
- EGG WHITES
- STONE FRUIT SORBET
- GINGER & HERB SORBET
- APPLE CIDER SORBET
- VANILLA CUSTARD
- COFFEE CUSTARD

fyr & salt

ALL MEAT IS RAISED ON THE FARM.
INGREDIENTS ARE SOURCED FROM THE FARM,
LOCALLY AND ORGANICALLY.

8 HANDS · FARM ·