

FYR & SALT

DATE: 7/23-7/26

THE MARKET

at 8 Hands Farm

REFRIGERATOR

PORK ENCHILADAS
PORK FRIED RICE
SHEPHERD'S PIE
GAZPACHO
BABAGANOUSH
EGGPLANT CAPONATA
HORSERADISH POTATO SALAD
SOUTHWEST CHICKEN SALAD
BBQ SAUCE
ZUCCHINI RELISH
PICKLED EGGS
CHICKEN LIVER MOUSSE
HUMMUS
FARM HOT SAUCE
KIMCHI
SAUERKRAUT
PICKLED PEPPERS
CHICKEN SCHMALTZ
PORK LARD
LAMB TALLOW
BEEF TALLOW
NYS GRASS-FED & ORGANIC BUTTER
ASSORTED CHEESES

FREEZER

WHITE BEAN, ESCAROLE & BACON SOUP
THAI CARROT SOUP
TURKEY ITALIAN WEDDING SOUP
VEGGIE CURRY
LAMB RAGU
PORK BOLOGNESE
RATATOUILLE MAC & CHEESE
SHEPHERD'S PIE
BAKED BEANS W/ PORK
BBQ PULLED PORK
GINGER PORK MEATBALLS OVER RICE
BREAD PUDDING W/ BUTTERNUT
BEEF PHO BROTH
CHICKEN STOCK
BEEF STOCK
TURKEY STOCK
BEEF BASE (BEEF GLACE)
CHICKEN BASE (CHICKEN GLACE)
GINGER & LEMONGRASS BONE BROTH
POULTRY BONE BROTH
READY TO BAKE COOKIES
CHOCOLATE CUSTARD
VANILLA CUSTARD
COFFEE CUSTARD
MOCHA CUSTARD
STRAWBERRY SORBET



ALL MEAT IS RAISED ON THE FARM.
INGREDIENTS ARE SOURCED FROM THE FARM,
LOCALLY AND ORGANICALLY.

